

# YOUNG JOURNALISTS TRAINING

## INFOPACK



**17-21 March  
2022**

**Antaliepte, Lithuania**

**ARRIVAL:**

**3/17/2022 12:30**

**DEPARTURE:**

**3/21/2022 12:30**

### Meeting venue

Participants will be hosted at Innovators Valley in Antalieptė, Lithuania. It is a space in the nature perfect for work sessions, strategic planning, trainings, cooperation and communication for NGOs, social businesses and social innovators.

More information here:  
[www.inovatoriuslenis.lt](http://www.inovatoriuslenis.lt)



**In case of emergency:**

**[mil@media4change.co](mailto:mil@media4change.co) +37067574966**

**DO YOU HAVE ANY QUESTIONS? DO NOT HESITATE TO CONTACT US!**

# Welcome to our Young Journalists training course in Antaliępte!

## Dear participant,

We are excited to have you join our activities which will take place during four intense days in our training.

## During the programme you will:

- Meet Lithuanian and foreign masters of analytical and investigative journalism, who will give you lectures on the principles and ethics of journalism, interview techniques, ways of communicating with sources, methods of investigative and analytical journalism, creative journalistic writing;
- Learn about the laws that journalists use to obtain and verify information;
- Learn how to interpret and visualise statistics;
- After completing the programme, you will be able to distinguish between reliable information and hoaxes and manipulation;
- Learn how to communicate safely online;
- With the help of professional journalists, you will develop a journalistic theme and write an analytical article yourself, which we will publish in the mass media of the country.
- Experience what a powerful weapon professional and ethical journalism can be in exposing human rights violations.

## Take a look at the magical training place:

<https://www.facebook.com/media4change.co/videos/297632634159361>



## We provide you:



- Accommodation



- 3 daily meals

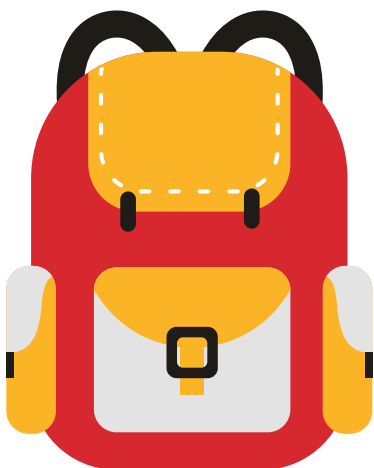


- Travel expenses (Please be aware, that the contribution to travel costs has certain limits.)

-500 - 1999 km - 275 EUR

-100 - 499 km - 180 EUR

## Take with you:



- A laptop, tablet or smartphone
- Personal medicine
- Comfortable shoes and clothes for both indoor and outdoor activities
- An umbrella
- Leaflets or any other handouts you have for the presentation of your organization, local specialties (no alcohol is allowed)
- Good mood!

## How to get from Vilnius airport to the city centre

Vilnius airport is just a bit more than 6 kilometers away from Vilnius city centre or Vilnius Old Town. Here are different ways to go from Vilnius airport to city centre:

### 1. Getting from Vilnius airport to city centre BY BUS

We really recommend buying tickets for public transport on your phone! If you have data, you can download Trafi App to buy tickets on your phone (0.65 EUR for 30 min ride or 0.90 EUR for 60 min ride).

#### BUSES

- Bus #1 Airport – Bus/Train Station (Oro uostas – Stotis) around 15 min ride
- Bus #2 Airport – Bus /Train Station (Oro uostas – Stotis) around 20 min ride

### 2. Getting from Vilnius airport to city centre BY TRAIN

There's a new modern train going from the airport to the central train station approximately every 40-60 minutes. The ride takes only 7-9 minutes and the ticket costs only €0,70! If you have a lot of luggage with you, this might be the best way for you to get to the city from Vilnius airport as the train is more comfortable than buses. It will take you about 10-15 minutes to walk from the station to Vilnius old town.

### 3. Getting from Vilnius airport to city centre BY TAXI

We would recommend using BOLT, Uber or eTaksi apps. To reach the city centre from Vilnius airport locals usually pay €5-6.

## Documents required for reimbursement

- Reimbursement form;
- Original plane boarding pass/train tickets /bus tickets + invoices, where the price is stated;
- Local transport tickets (tickets for transport in Vilnius).

Depending on your arrival time we will arrange private buses that will take you from Vilnius to Antalieptė, the place where the workshop will take place.



### How to get to the venue by car?

Address:  
Mokyklos g. 10,  
Antalieptė 32243  
Lithuania



## Things to do in Vilnius:

### Explore The Old Town

A European city with an old town is nothing new, but they are almost always well worth exploring. If you only have one day in Vilnius, I would highly recommend staying at a hotel in the actual old town and wander around day and night from there. Vilnius's old town is quite large but easy to navigate.

### Hike Up To Gediminas' Tower

For the best views of all of Vilnius, it's best to head up to Gediminas' Tower, the remnants of the upper castle. There is also a museum inside for €2.

### Three Crosses Hill

Once done with the tower, walk down and head over to the stairs leading to The Three Crosses. At the top, you will find amazing 360 views of Vilnius. The monument is a dedication to Lithuania's dark past with the Soviet Union. In my opinion, this is one of the most extraordinary things to see in Vilnius.

For more:

<https://theworldpursuit.com/six-things-to-do-in-vilnius/>



## Last but not least

### COVID-19 INFORMATION

<https://nvsc.lrv.lt/en/>

Check with your organisation leader regarding requirements to travel to Lithuania - vaccination passport/travel card, official PCR test certificate, proof of COVID infection within a given amount of time, etc. are all possibilities depending on your departure country (traveling country of origin).

Thank you for taking the time to read this information package.  
We are looking forward to seeing you very soon in Lithuania!

### Who's Participating:



Co-funded by  
the European Union