



Say NO to Extremism

Youth Exchange funded by Erasmus+

Info-pack for participants

September 12 - 19, 2021

Bratislava, Slovakia

www.europskydialog.eu

Welcome to Slovakia and our first Exchange after long Covid pause ☺

Dear participant!

It is wonderful to have you join us for these exciting days! This youth Exchange about preventing and combating extremism is organised and hosted by the European Dialogue (Slovakian NGO) in cooperation with project partners FAJUB - Federação das Associações Juvenis de Braga(Portugal), SCAMBIEUROPEI(Italy), European Youth Press(Germany) and Sdruzhenie Badeshteto Sega(Bulgaria). It is supported by Erasmus+ programme. We hope you are looking forward to participate in this event as much as we are.

Yours,

Monika, Denisa and Martin

In this document you can find all the useful information needed. Please read through it carefully. The programme will be sent in a separate document.

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PROJECT ON SOCIAL MEDIA

Please always use following # when referring to the project:

#saynotoextremism #europskydialog #erasmus+

Join also the Facebook group created for the project to get in contact with organisers and other participants. We will use e-mail and this group to send you updates during youth exchange.(You will be invited to join the group after the finalization of the selection proces.)

Introduction

Our youth exchange will take place in Bratislava, the capital city of Slovakia. During seminars and workshops you will get new knowledge and skills in topics of the training, get an opportunity to work on your mini project that lifts new perspectives on the selected topics as well as to establish new international networks and cooperation. All in all, the whole exchange will be interactive and engaging.

The rise of extremism is a phenomenon that we can observe in almost all European countries in recent years. Extremism is a threat to modern advanced democracies and, worse, it uses democratic tools to do so. The aim of this project is, together with young people from different European countries, to figure out the reasons behind the rise of extremism - to identify them very precisely and to understand their origins. That will be the key thing, and subsequently, thanks to this, we will be able to work on the means and activities to effectively stand in the way of extremism and stop it or prevent it.

Concepts such as tolerance and empathy disappear from public affairs, political parties are divided and fight against each other, instead of uniting and advancing together. We believe that political populism is one of the tools that extremism uses and helps it a lot. In this project, we will pay special attention to the political sphere, we will learn how to identify political propaganda, populism, each totalitarian regimes, but also to examine democracy in depth, its pros and cons.

In the project, we will also significantly reflect on our historical experience. Each of the partnering countries has a history of experience with a totalitarian or authoritarian regime, which are known for their extreme form and today serve as a springboard for current extremist political parties or associations. Together we will analyze our past, find commonalities and through appropriate activities we will try to find lessons from them in our current state.

Arrival to Bratislava, Slovakia

REGISTRATION

When: Sunday 12, September until 19.00

Where: At the reception of Zero Hostel, Zámočnícka 6, 811 03 Bratislava

Since 18:00 until 19:00 it's the official registration during which we will welcome you and ask you to sign attendance list. If some of you are arriving much earlier to Bratislava, let us know. After the registration, there will be a welcome dinner and „getting to know each other“. We will use your personal data only for the purposes of communication related to this project between you and organising team and between organisers and Erasmus+ needs.

In the case of delays or other problems, please contact Monika Kmeťová +421 918 732 830 or Denisa Karabová +421 908 203 410.

Best way how to come to Bratislava is by:

- Plane (Bratislava Airport or Wien Airport)
- Bus (Bratislava Main station)
- Train (Main station)

When you come to the **airport** the best way how to get to the city is to take public transport bus – during the day it is n. 61, at night N61 (goes every 10 minutes during the day, every hour at night – you need to buy ticket in the ticket machine at the bus stop – 30 minutes ticket – costs 90 cents).

Or you can take a taxi, but the prices vary. We do not recommend this.

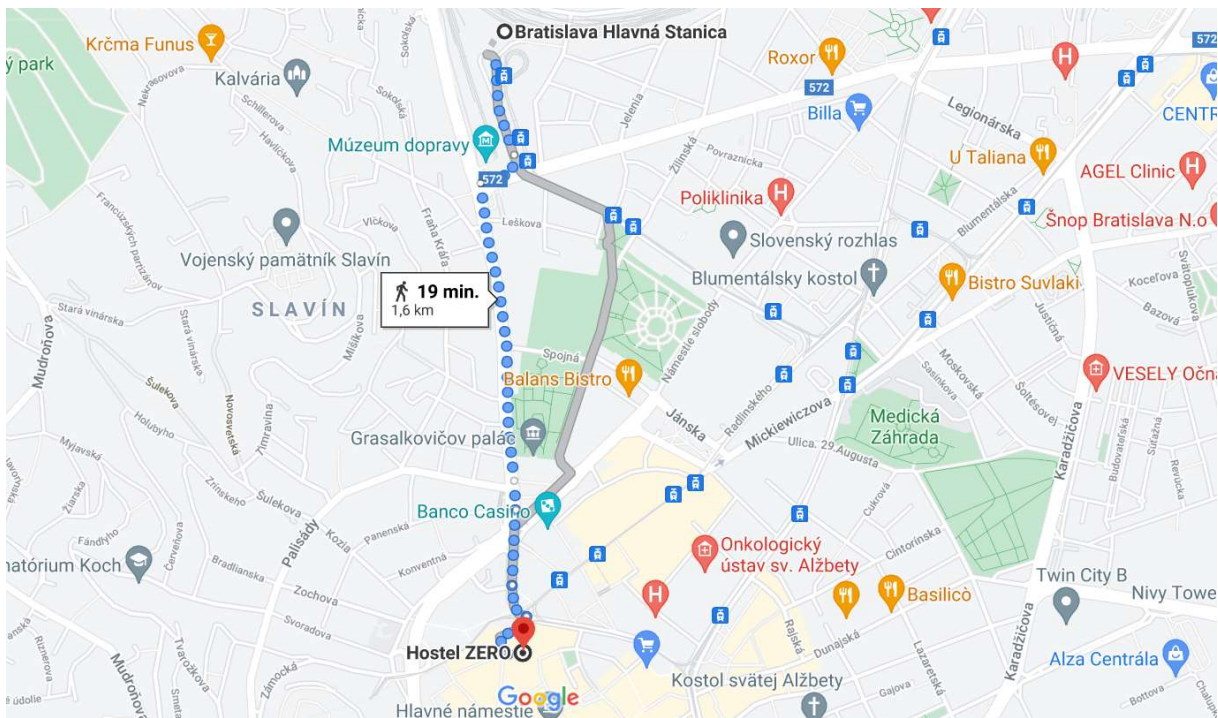
From the main station (train station) you can either walk to the hostel or take another bus. It's a nice walk if you don't carry heavy luggage.

Otherway you can take a bus n.93 (bus stop Zochova) or tram n.1 (stop Poštová). To both you need to buy 30 minutes ticket in ticket machine again. The journey takes approximately 10 minutes by bus/tram + few minutes of walking to the hostel from the bus/tram stop.

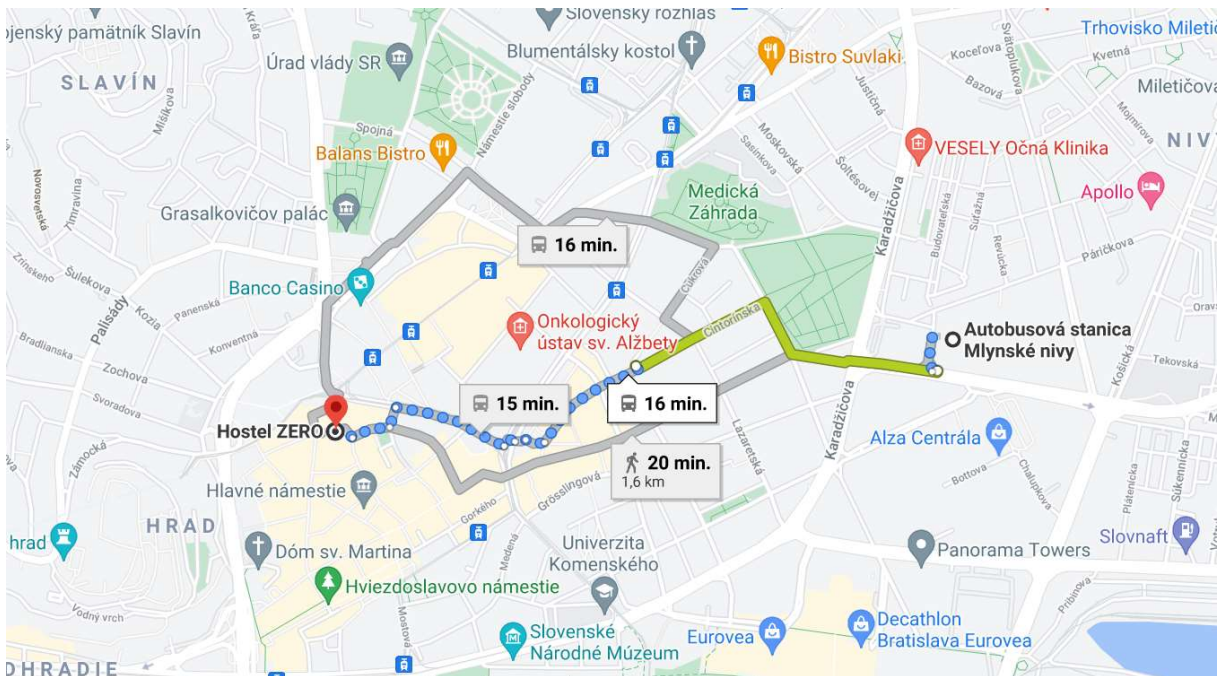
From the bus station you can take buses n. 202 (stop Rajská), n.205 (stop Rajská) or n.212 (stop Hodžovo námestie). For all of them you need the same ticket as before mentioned, the journey takes only about 5 minutes. Or you can also walk, it takes 20 minutes to walk from the bus station to hostel.

If you come by plane to Wien, take a bus or train to Main station or Bus station in Bratislava and follow the instructions above.

From the Main station to hostel:



From the bus station to hostel:



Finances

REIMBURSEMENTS

We would like to ask you to bring those documents for reimbursements that you don't need for your return trip to the registration desk. You can also hand them in later during the project – each day before the beginning of the first session.

European Dialogue will reimburse travel costs from the place of your current residence up to the amount indicated below:

Portugal - max. 275€

Germany - max. 275€

Italy - max. 275€

Bulgaria – max. 275€

Although travel costs will be reimbursed, you are expected to make your own travel arrangements. You are expected to take the cheapest route from your place of residence to Bratislava and use the following means of transportation:

- Train: 2nd class ticket (normal as well as high-speed trains),
- Flight: return economy-class air ticket or a cheaper ticket,
- Bus

European Dialogue (or your sending organisation) can help you with finding the most suitable travel plan.

If you don't have it already, you are expected to arrange adequate medical and travel insurance. Unfortunately it cannot be reimbursed by organisers.

After the project, please send originals of those documents needed for your return trip by post to European Dialogue (reimbursement form and information about address will be given to you at registration) and give us copies during the event. Without all documents required we cannot proceed with your reimbursement, so please keep all receipts, invoices, tickets, or boarding passes.

DOCUMENTS REQUIRED FOR REIMBURSEMENT (to be distributed at the training)

1. The documents sent to you by European Dialogue:

- Reimbursement form

2. Other documents required for reimbursement:

- Invoices where the price is stated
- Original plane boarding cards/train tickets /bus tickets
- Local transport tickets

For any further details concerning reimbursement arrangements, please write to europskydialog@gmail.com, m.kmetova@europskydialog.eu and m.maska@europskydialog.eu

Accommodation and venues

Accommodation, hospitality costs, and all materials to be used are fully covered by Erasmus+ and are taken care of by the European Dialogue.

ACCOMMODATION AND VENUE

We will be accommodated in a guest house called Zero Hostel in the shared rooms (either 2 or 4 people for room), the brand new hostel is located in the city center of Bratislava. The meeting room where most of the activities will take place is very close to the hostel.

This is the **address of accommodation:**

Zero Hostel, Zámočnícka 6, 811 03 Bratislava

Here are some pictures:



LUNCHES, DINNERS, COFFEE-BREAKS

The food will be provided by the combination of partnering restaurant nearby (lunch, dinner) and breakfasts and coffee breaks will be provided by Europsky dialog each morning in the hostel.

We will take into consideration your dietary restrictions- so please let us know if you have any. Any additional refreshments and food are on your own costs.

For international evenings/culture café – please bring food and beverages from your countries to share with others and introduce your country through the taste and smell as well as interesting and funny facts 😊

About Bratislava and Slovakia

Bratislava is the capital city of Slovakia, it has approximately 500 thousands of citizens and is located on the very west part of the country. Despite of its location it is the heart of the country – culturally, politicaly, in bussiness, etc.

More information here:

<https://visitbratislava.com/sk/>

<https://bratislava.sk/>



Slovakia is a landlocked country of central Europe. It is roughly coextensive with the historic region of Slovakia, the easternmost of the two territories that from 1918 to 1992 constituted Czechoslovakia. The short history of independent Slovakia is one of a desire to move from mere autonomy within the Czechoslovak federation to sovereignty—a history of resistance to being called “the nation after the hyphen.” Although WW II. thwarted the Slovaks’ first vote for independence in 1939, sovereignty was

finally realized on January 1, 1993, slightly more than three years after the

Velvet Revolution—the collapse of the communist regime that had controlled Czechoslovakia since 1948.

Slovakia has beautiful nature – variety of hills, mountains and valleys spread across the whole country, but mainly in the middle. Official language is Slovak.



Other important information

EVENING PROGRAMMES

There are evening activities organised by us (see details in the programme). During some evenings, groups of participants should prepare presentations of their countries (or regions, cities) including culture and some interesting facts. You don't have to use PowerPoint or similar software – the presentation should be funny and interactive.

WHAT YOU SHOULD NOT FORGET

Please bring some comfortable clothes and shoes you will be wearing during the activities inside the meeting room, but also outside. Take also some clothes and shoes you can go for a small walk or hike with. Since there is a very nice environment around – the old town and the city center, we are still considering putting in a schedule a small sightseeing tour.

Thank you for taking the time to read this information package. Please don't forget to go to to indicate your arrival and departure times plus your food preferences to your contact points, and join project FB group. We are looking forward to seeing you very soon in Bratislava!

Monika, Denisa, and Martin

The organising team members of European Dialogue

WHO IS WHO – IMPORTANT CONTACTS

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